



Employee Assistance Program (EAP)

- + **Maricopa County's Employee Assistance Program**, provided by ComPsych, is a free, short-term counseling and referral service designed to support you through any stressful times in your life.
- + Call the **toll free number at 888-355-5385**, 24 hours a day, 7 days a week, to communicate with a professional counselor about any stressful issue, including relationships, family and parenting problems, and elder care.
- + A counselor will assess your concern and locate the best counselor in your community to address your needs. You will then call and set an appointment for a time that is convenient for both of you.
- + With up to 8 sessions, you can work with your EAP counselor to resolve your situation. If your problem requires long-term therapy or highly specialized care, we may refer you to a specialist outside the EAP that may be paid for by your health insurance program.
- + The Maricopa County Policy Statement provides that employees may utilize the program during work hours for 6 of the 8 sessions without loss of PTO or FML. If you take advantage of the six sessions during work time, your supervisor has the right to ask you to verify your attendance.
- + We highly respect confidentiality. Except where federal guidelines stipulate differently (in the case of reported threat of harm to self or others), none of the personal information shared with the EAP will be discussed with your employer or others unless you tell them yourself or give us written permission to do so.
- + Your spouse, partner, or dependent children are also eligible for this service.

Financial Connect

- + Financial Connect allows you to communicate with our CPAs and financial experts about important personal financial issues, from budgeting and investing to taxes and retirement planning. Just call the toll free number for this free service.
- + We assist you and members of your household in developing step-by-step strategies, providing the right tools, such as customized budgeting templates, and access to financial resources.
- + We follow up with you as often as needed to ensure that your issues have been thoroughly addressed.

Family Source

- + Again by calling the toll free number you can communicate with a Guidance Coordinator about various topics of concern, including day care, elder care, college searches, and much more.
- + Our Guidance Coordinators will research your topics of interest and mail you information in a customized packet that can serve as a great reference. If you prefer, we can fax or email the materials you desire.
- + Call as many times as you want, for as many issues that arise, to receive sound answers and reliable support in the strictest of confidence.

Legal Connect

- + Legal Connect offers you and members of your household access by phone to ComPsych's staff attorneys for information on almost any legal question or issue. These may range from buying a house, to going through a divorce or writing a will.
- + If you prefer, Legal Connect can also refer you to a credentialed attorney close to your home or work for a 30-minute face-to-face consultation at no cost to you. If you choose

for the attorney to represent you, we have arranged for this network of attorneys to charge a discounted fee for their services.

- + You can also access services online, at www.guidanceresources.com, access code MC2003.
- + For any additional information or if you have questions regarding this benefit, you can contact the Maricopa County EAP Coordinator at (602) 506-7030.

